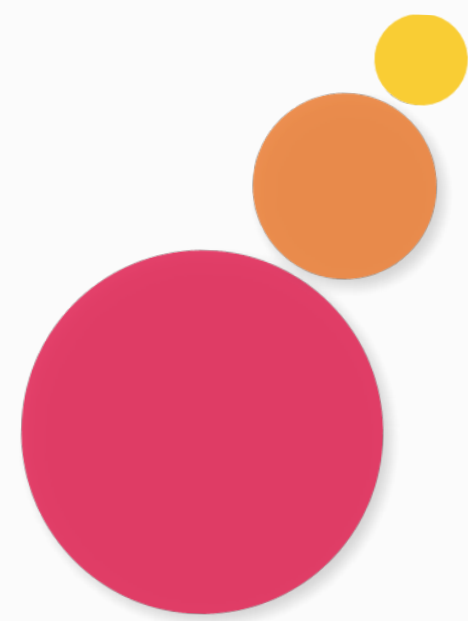




Employee Wellness: **From Surviving to Thriving**

Is your organisation enabling your people to thrive... or just survive?

Presented by MCA Gulf



Why Employee Wellness?

Well-being isn't a perk, it's a performance driver.



Healthy, safe, and supported employees → enhanced productivity, creativity, and resilience.



A culture of well-being → stronger employee engagement.



Thriving employees → sustainable business success.



Employee Wellness Framework

Well-being is multi-dimensional.



To win in the marketplace, you must first win in the workplace.

Doug Conant, Former Fortune 500 CEO

UAE Trends & **Regulatory Push**

Wellness is now a strategic priority in the UAE.



Preventive health checks & screenings (mandatory).



Midday work ban & heat safety standards.



Mandatory insurance & Healthy Workplace certifications.

72%

of UAE companies already include wellness in annual plans.

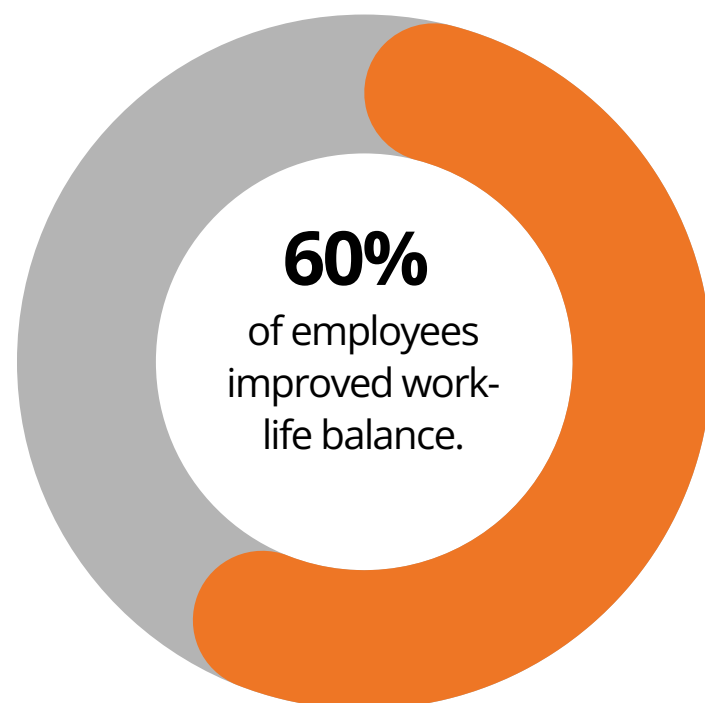
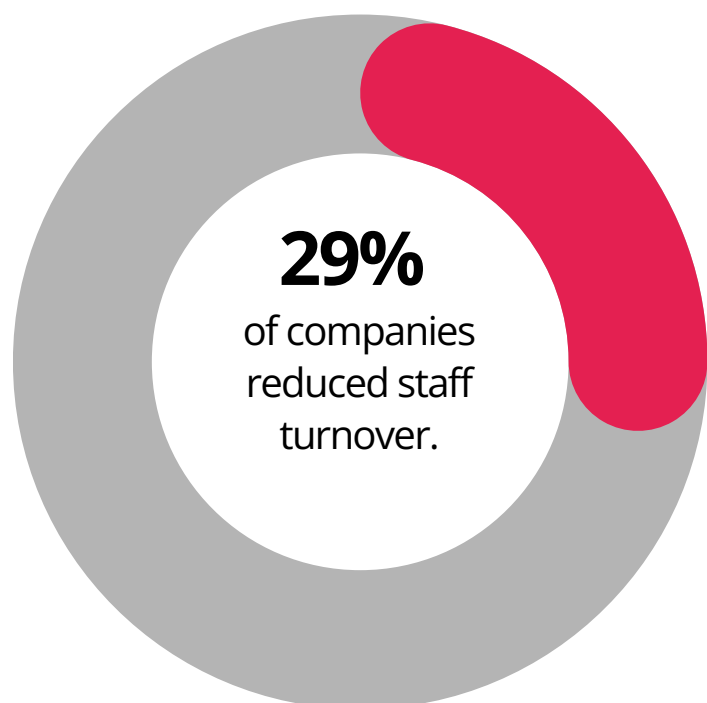
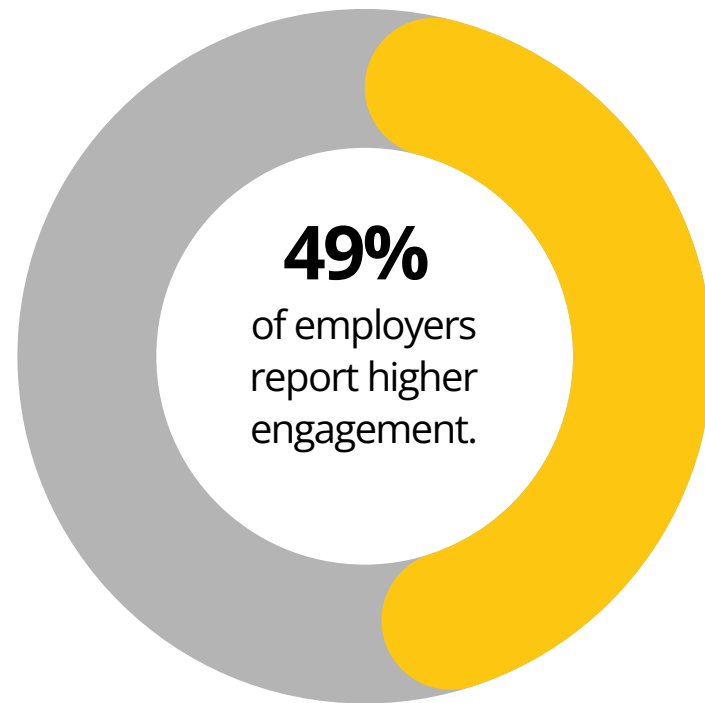
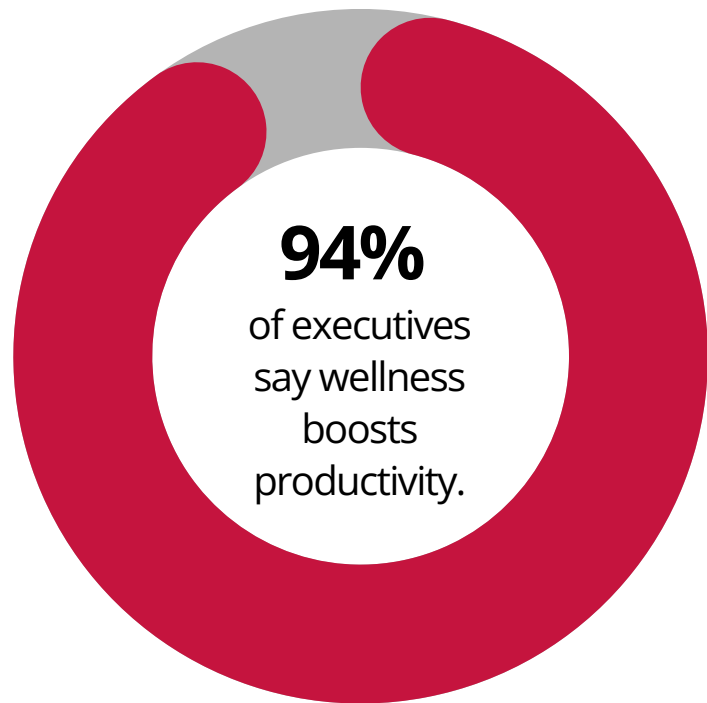
88%

of UAE businesses plan to increase wellness funding.

ROI & Impact

Intentional or Incidental

The Return on Well-being Investment (ROWI)

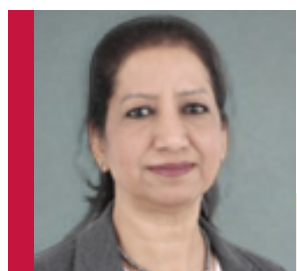


LET'S TALK ABOUT YOUR

WELLNESS STRATEGY



Connect with MCA HR Advisory to design your Employee Wellness Strategy.



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